

November Events 2025

The Gathering Place of Monroe

Call us @ 641-259-2023 or email us @monroegatheringplace@gmail.com for rentals/questions

Follow us on FB [themonroegatheringplaceofmonroe](#)

EVERY Monday – Friday FREE CONGREGATE MEALS @11:30am Sign up/ 641-792-7102

EVERY Tuesday @8am/ Prayer & Coffee.

PLAYGROUP: EVERY TUESDAY & THURSDAY from 8AM – 11AM IN THE LOWER LEVEL

11/3 Monday, Video Exercise Class 10am

11/4, Tues. LUNCH & LEARN *Aging Resources* 11am Informal discussion on sodium

11/4, Tuesday, GAME TIME 1PM Bring a friend or just come & play!

11/5, Wednesday, “Get Fit, Don’t Fall!” with Amy Stephensen 4pm

Would love to have a large group again....invite a friend.

11/5, Wednesday, BINGO 6-8pm Invite a friend!

11/6, Thurs. 10am Senior Living Series **REAL ANSWERS, REAL OPTIONS**

SIGN UP! Call/Text/Email: 515-868-3860 IowaSeniorLiving@gmail.com

11/6, Thurs. MOVEMENT WITH SEAN 1pm Improve your posture, breathing & walking

11/7, Friday, NO Needle Art See you in the Spring

11/10, Mon. Video Exercise Class 10am

11/12, Wed. “Get Fit, Don’t Fall!” with Amy Stephensen 4pm Come and join us for the hour!

11/13, Thursday, Patty Richards Show @ 10am

11/13, Thurs. MOVEMENT WITH SEAN 1pm Improve your posture, breathing & walking

11/14, Fri., 2-3 pm Piano with Jacque Robinson

11/17, Mon., Video Exercise Class 10am

11/18, Tuesday, **SENIORS & KIDS 1pm-2pm Come and mingle, read to, games & puzzles**

With Elementary students, SENIORS MAY STAY FOR COFFEE AND CATCH-UP TIME

11/18, Tuesday, BINGO 6-8pm Invite a friend!

11/19, Wednesday, “Get Fit, Don’t Fall!” with Amy Stephensen 4pm Come and join us!!

11/19, Wed, CPR Training w/Jasper Co. & Andy Algreen, Realtor/Sr. Downsizing Coach 5:30

11/20, Thursday, FOCUS GROUP MEETING @ 9am

11/20, Thurs. MOVEMENT WITH SEAN 1pm Improve your posture, breathing & walking

11/21, Friday, **Patty Richards Country Show 7pm-9pm (bring a snack)**

11/24, Mon., Video Exercise Class 10am

11/24, Mon., **FREE FOOT CARE HEALTH** w/Vista Valley (foot bath & clipping) 1-3pm /sign up @TGP

11/26, Wed., NO “Get Fit, Don’t Fall!” due to Thanksgiving

11/27, Thursday **HAPPY THANKSGIVING** Closed all day, No Congregate Meals

11/28, Friday NO Piano with Jacque Robinson due to Thanksgiving. See you in December.